

NORTHPOINTE BEHAVIORAL HEALTHCARE SYSTEMS

POLICY TITLE: Bed Check – Community Housing

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MANUAL: Clinical

SECTION: Residential Services

ORIGINAL EFFECTIVE DATE: 7/1/98

BOARD APPROVAL DATE: 9/26/13

REVIEWED/REVISED ON DATE: 2/15/2018

CURRENT EFFECTIVE DATE: 3/1/18

REVISIONS TO POLICY STATEMENT: YES NO

OTHER REVISIONS: YES NO

APPLIES TO:

All specialized community housing either run by or contracted with Northpointe Behavioral Healthcare Systems where 24 hour awake staff is required.

POLICY:

It is the policy of Northpointe Behavioral Healthcare Systems to provide safe and secure community housing services to persons who are intellectually/developmentally disabled and/or diagnosed with a mental illness and are in need of a specialized community housing program.

PURPOSE:

It is the purpose of the Community Housing Bed check Policy to ensure that residents are provided a safe and appropriate environment during their night sleeping hours.

PROCEDURES:

- I. All residents of the Northpointe Specialized Community Housing Program will be monitored throughout their sleeping hours. At a minimum, they will be checked hourly. This hourly bed check will be documented on the Bed Check and Data Form (NBHS Form Res. 103) nightly.
- II. Staff will complete an hourly bed check on each resident of the home by visually observing the individual (i.e. is the individual sleeping, breathing, cold, hot, etc.). If two staff are working the shift, they will enter each room together and complete the bed check. If the resident is known to be incontinent, staff will use a flashlight to determine whether the individual is incontinent and check them a minimum of every 2 hours. Any time the bedding is soiled, it will be changed immediately. The staff will complete the bed checks in a quiet, considerate manner.
- III. The bed check is to be completed at the same time during each hour. (For example, the 10pm bed check will consistently be done between 10:00 pm and 10:10 pm; the 11:00 bed check will be done between 11:00 and 11:10 pm., etc.). The sleep pattern of our residents tells the various professionals about their well-being. A change in sleep pattern could indicate; the onset of an illness, the beginning of a behavior cycle, etc.
- IV. The hourly bed check will be completed and documented on each resident unless otherwise noted in their Individual Plan of Service.
- V. Staff are required to remain awake and alert at all times during all shifts including the residents sleeping hours. Violation of this policy could result in corrective action up to and including termination.

CROSS REFERENCES:

NBHS Form Res.103