



FISH?

What does **FISH** have to do with Northpointe?



Northpointe's executive and management teams have recently embraced and adopted a new philosophy and we invite you all to come along and swim with us. In October, the FISH! Philosophy was re-introduced to the managers here at Northpointe. After a presentation by members of the executive and a brainstorming session, there was unanimous support from all managers in attendance.

This is an exciting training that will help us all, not only in our work environments, but in every day life. The four key principles of the FISH! Philosophy are:



FUN – Play. *Play is a state of mind that makes the day move quickly and sparks creative solutions.*



INTERACT – Make their day. *When you make someone's day (or even moment) through a small act of kindness or unexpected attention, you can lift someone else's spirits, as well as your own, and make a lasting impression on others in the process.*



SHARE – Be there. *Focus on the person or task that you are involved with; be present for them.*



HAPPY – Choose your attitude. *Take responsibility for your choices; choose to create your day!*

The really fun part of all this is that we can choose our own attitudes. Try it. In my opinion, this is the most important element of this training and the key to being successful in your family life, career, and everyday life.